

Finding Your Personal Medicine:

A Day Long Journey to Create a Relationship with the Living Energy in Nature



[Medicine-something that improves one's connection w/ the Great Mystery.]

Sacred Stone Circle at Harvest Preserve, Iowa City
www.harvestpreserve.org

Saturday, November 8th, 10am-5pm

Harvest Preserve, Iowa City, IA

Do you yearn to connect with Nature in a spiritual way but are unsure how to begin?
Or do you spend a lot of time in Nature but are curious about Peruvian shamanic traditions?

Come join *Adina Joy Levitt*, and a warm community of others, to:

- Explore how to:
- ◆ journey (meet your power animal & body protector)
 - ◆ connect with the energy of rocks and gemstones
 - ◆ create a group ritual at the Stone Circle (& receive Peruvian shamanic rites)
 - ◆ offer gratitude to Nature through a Despacho ceremony

To register, go to www.adinajoy.com and click "Workshop", Cost \$72, participants will bring their own lunch.

Adina recommends a private personal session to clear out any (hucha) heavy energy before the workshop, but it is not required. A \$10 discount will be given for any private sessions with registration of this workshop.



Adina Joy Levitt, Shamanic Practitioner (energy worker), is a mesa carrier initiated in the Peruvian, primarily Q'ero Inka Lineage and completed a 3 1/2 year long Shamanic Apprenticeship from the Peruvian and North American shamanic traditions with Jaes Seis. Adina traveled to Peru in 2011 and 2013. Adina has a strong passion to help others create meaningful rituals: to reconnect with their personal power, Nature, and during important transitions in their lives. Adina currently works with clients doing: Illuminations (energetic release of blockages), Soul and Destiny Retrievals, and Compassionate Depossession. She works with both adults and children.

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